



We solve MSK

## Go beyond digital physical therapy

Most health plans and employers turn to Hinge Health to solve high musculoskeletal (MSK) spend because we go beyond just digital physical therapy (PT). To address each member's unique physical and behavioral health needs, we pair advanced wearable technology with a full care team that includes doctors, PTs, expert specialists (such as nutritionists), and health coaches. We have invested millions to design a Digital MSK Clinic with First Dollar Coverage in mind – a critical difference compared to PT-only options in the market.

## The only end-to-end Digital MSK Clinic™

Hinge Health's Digital MSK Clinic has an MSK program for everybody and every body part. Other MSK solutions have a one-PT-fits-all approach that falls short. At Hinge Health, we have dedicated programs to meet the unique needs of every individual – from preventative care to surgery care, expert medical opinion, PT video visits, specialists, and health coaches.

## Proven & credible

- Validated at scale with more customers than all other MSK solutions combined
- 100% client retention
- Established partnerships for easy contracting and billing through your health plan



### Physicians & orthopedic surgeons

Managing clinical programs and Expert Medical Opinion



### Licensed doctors of physical therapy

Creating and delivering personalized care plans



### Board-certified health coaches

High touch accountability partners for lasting behavior change



### Most advanced technology

Wearable sensor-guided exercise therapy  
Enso for non-addictive, non-invasive pain management

Derek S.  
Hinge Health  
participant

# 4 in 5 employers with a digital MSK solution partner with Hinge Health

Hinge Health is **the only solution**:

- Designed with First Dollar Coverage considerations
- Delivering a complete clinical care model to address both physical & behavioral health issues
- Validated by researchers from the most rigorous US academic institutions
- Rated by members as the #1 digital MSK app for iOS and Android

# Proven

## Clinical outcomes at scale

The only solution with a large-scale, 10,000 participant study and 2-year outcomes study validated by researchers at leading US universities.<sup>1, 2, 3, 4</sup>

**69% pain reduction** – 4x better than opioids<sup>5</sup>

**Depression & anxiety** cut in half

**2 out of 3** surgeries avoided



## 300+ customers, 100% client retention

Walgreens

SISC

NJDPB  
Explore Your Benefits

US.  
FOODS

FUJIFILM

salesforce

BOEING

Southern Company

AutoZone

PHILIPS

<sup>1</sup>Smittenaar (2017), <sup>2</sup>Mecklenburg (2018), <sup>3</sup>Bailey (2019), <sup>4</sup>Bailey (2020), <sup>5</sup>Sehgal (2013), <sup>6</sup>Krauss (2021).

Click to see how Hinge Health's Digital MSK Clinic works